Fixed Allocation Form

NAC RetireChoice®, NAC IncomeChoiceSM, NAC BenefitSolutionsSM, and NAC BenefitSolutionsSM II

Mail to: P.O. Box 79905, Des Moines, IA 50325-0905

North American Company for Life and Health Insurance

INSTRUCTIONS: Select one product, make sure all allocations equal 100%, and complete all applicable signatures on page 2.			
□ NAC RetireChoice		□ NAC IncomeChoice	
Monthly Point-to-Point (Subject to an Index Cap Rate)		Monthly Point-to-Point (Subject to an Index Cap Rate)	
S&P 500 [®] Index	<u> </u>	S&P 500 [®] Index	<u> </u>
Nasdaq-100 [®] Index	<u> </u>	Nasdaq-100 [®] Index	<u> </u>
Monthly Average (Subject to a Participation Rate)		Monthly Average (Subject to a Participation Rate)	
S&P 500 [®] Index	<u> </u>	S&P 500 [®] Index	<u> </u>
Dow Jones Industrial Average™ Index	<u> </u>	Dow Jones Industrial Average™ Index	<u> </u>
S&P MidCap 400 [®] Index	<u> </u>	S&P MidCap 400 [®] Index	<u> </u>
Annual Point-to-Point (Subject to an Index Cap Rate)		3-Year Monthly Average (Subject to a Participation Rate)	
S&P 500 [®] Index	<u> </u>	S&P 500 [®] Index	<u> </u>
Dow Jones Industrial Average™ Index	<u> </u>	Annual Daint to Daint (Outlingt to an In	
S&P MidCap 400 [®] Index	<u> </u>	Annual Point-to-Point (Subject to an Inc	
Nasdaq-100 [®] Index	<u> </u>	S&P 500 [®] Index	
		Dow Jones Industrial Average™ Index	<u> </u>
LBMA Afternoon (PM) Gold Price	<u> </u>	S&P MidCap 400 [®] Index	<u> </u>
Annual Point-to-Point (Subject to an Index Margin)		Nasdaq-100 [®] Index	<u> </u>
S&P 500 [®] Low Volatility Daily Risk Control 5% index*	<u>%</u>	LBMA Afternoon (PM) Gold Price	<u>%</u>
Biennial Point-to-Point (Subject to an Index Cap Rate)		Annual Point-to-Point (Subject to an Index Margin)	
S&P 500 [®] Index	<u> </u>	S&P 500 [®] Low Volatility Daily Risk Control 5% index*	%
Inverse Performance Trigger (Annual Declared Rate Negative Performance Option (ADRNP) Rider		Inverse Performance Trigger (Annual Declared Rate Negative Performance Option (ADRNP) Rider S&P 500° Index %	
		Sar 500° index	
Fixed Account	Allocation	Fixed Account	%
* Not available in all states.	percentages must be whole numbers and equal 100%		Allocation percentages must be whole numbers and equal 100%

See State Availability Chart for details.

See reverse side for an additional option and needed signatures.

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North American Company for Life and Health Insurance®



INSTRUCTIONS (continued): Select one product, make sure all allocations equal 100%, and complete all applicable signatures below.

□ NAC BenefitSolutions □ NAC BenefitSolutions II			
Monthly Average (Subject to a Participation Rate)	Annual Point-to-Point (Subject to an Index Margin)		
S&P 500® Index % Dow Jones Industrial Average™ Index	S&P 500 [®] Low Volatility Daily Risk Control 5% index*		
Monthly Point-to-Point (Subject to an Index Cap Rate) S&P 500 [®] Index	Fixed Account		
Nasdaq-100 [®] Index	Allocation percentages must be whole numbers and equal 100%		
Annual Point-to-Point (Subject to an Index Cap Rate) S&P 500 [®] Index	* Not available in all states. See State Availability Chart for details.		
Signatures Signed at:			
City State			
Annuitant/Owner Signature:	Date:		
Joint Owners Signature:	Date:		
Agents Signature:	Date:		

Agents Signature:

The NAC RetireChoice®, NAC IncomeChoice^{ss} NAC BenefitSolutions^{ss}, and NAC BenefitSolutions^{ss} II are issued on forms LC/LS160A, NC/NA1004A, NC/NA1006A (contract/certificate) and ICC14-NA1006A (contract) by North American Company for Life and Health Insurance®, 4350 Westown Parkway, West Des Moines, Iowa 50266. These products, their features and riders, may not be available in all states.

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