

## Mental Health Awareness Month – Social Media Posts 2023

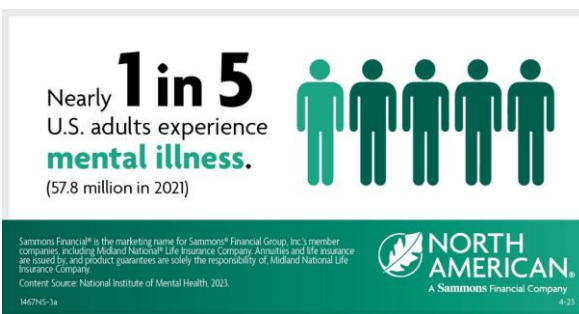
Use these resources to share engaging content on your social media channels!

### How to use:

- Click 'Download image' to open link
- Right click the image and choose 'Save As' and download to your device
- Upload image to your social channel
- Copy/paste the corresponding content to your social post

Don't forget to incorporate other resources from the [shareable content page](#)!

### Post image



### Post copy

Mental illness is more common than you might think — but it doesn't mean you won't qualify for life insurance. Reach out to me today to discuss your options.

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Planning ahead with life insurance could help alleviate worries about the future. Reach out to me today, I'd love to help.

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