



Your electronic life insurance application process



Life insurance products issued by
North American Company for Life and Health Insurance®

THANK YOU FOR APPLYING FOR A LIFE INSURANCE POLICY WITH NORTH AMERICAN.

Please retain a copy of the application paperwork for your records by printing or saving an electronic copy.

A representative from a paramed vendor will contact you to schedule a paramedical exam for the proposed insured on the application. The paramed exam will be used to help underwrite your life insurance coverage. There is no cost to you for the visit and it will typically include the following:

- Height and weight
- Blood pressure and pulse readings
- Urine and blood samples
- Basic medical questions

To achieve the most favorable results, here are a few reminders:

- Get a good night's sleep
- If possible, avoid strenuous exercise or activity for 24 hours prior to the examiner visit
- Fast from solid food and avoid alcoholic beverages for at least eight hours prior to the examiner visit
- Avoid caffeine and tobacco products for at least one hour prior to the examiner visit
- Drink one to two glasses of water an hour before the examiner visit

After you have completed the paramedical examiner visit, the information will be submitted to North American for review. After your application has been processed, and the underwriting is complete, your agent will contact you.