



Your electronic life insurance application process



Life insurance products issued by
North American Company for Life and Health Insurance®

THANK YOU FOR APPLYING FOR A LIFE INSURANCE POLICY WITH NORTH AMERICAN.

Please retain a copy of the application paperwork for your records by printing or saving an electronic copy.

Your agent has scheduled a paramedical examiner visit for the proposed insured on your application. This examiner visit will be used to help underwrite your life insurance coverage. There is no cost to you for the visit and it will typically include the following:

- Height and weight
- Blood pressure and pulse readings
- Urine and blood samples
- Basic medical questions

To achieve the most favorable results, here are a few reminders:

- Get a good night's sleep
- If possible, avoid strenuous exercise or activity for 24 hours prior to the examiner visit
- Fast from solid food and avoid alcoholic beverages for at least eight hours prior to the examiner visit
- Avoid caffeine and tobacco products for at least one hour prior to the examiner visit
- Drink one to two glasses of water an hour before the examiner visit

As a part of the paramedical exam, the examiner will complete the second part of the application. Please have the following information available at the time of the exam:

- Names, addresses, and phone numbers of all physicians and medical facilities you have visited within the past five years
- Names of prescription and over-the-counter medications and dosages you are presently taking
- Details of past and current injuries, illnesses, conditions, and treatments

After you have completed the paramedical examiner visit, the information will be submitted to North American for review. After your application has been processed, and the underwriting is complete, your agent will contact you.