

Mental Health Awareness Month – Social Media Posts 2022

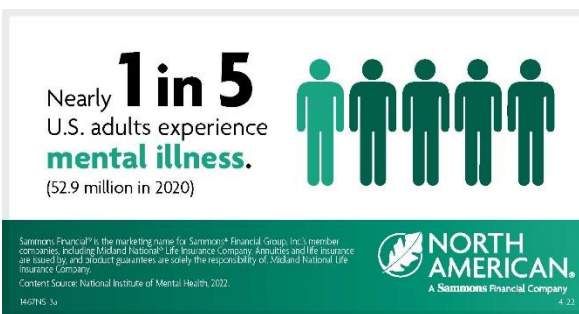
Use these resources to share engaging content on your social media channels!

How to use:

- Click 'Download image' to open link
- Right click the image and choose 'Save As' and download to your device
- Upload image to your social channel
- Copy/paste the corresponding content to your social post

Don't forget to incorporate other resources from the [shareable content page](#)!

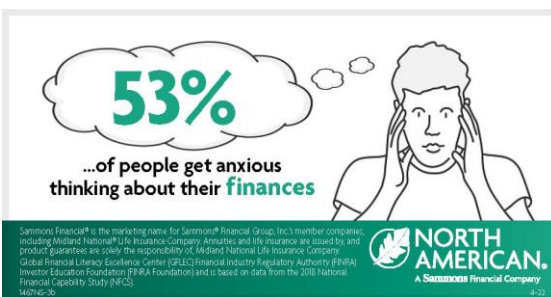
Post image



Post copy

Mental illness is more common than you might think—and it doesn't mean you won't qualify for life insurance.

[Download image](#)



Planning ahead with life insurance could help relieve worries about the future.

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